

CHOOSE WHAT WORKS FOR YOU

CHOOSE A CHEF SELECTED SEASONAL BOWL OR DESIGN YOUR OWN FROM THE CHOICES BELOW.
ALL BOWLS 12.95

1. START HERE: CHOOSE TWO

Local Field Greens

Shredded Kale & Spinach

Pea Tendrils & Sprouts

Quinoa Salad

Classic Brown Rice

Mediterranean Cous Cous

DRESS YOUR GREENS

Sriracha Lime Chili

Creamy Balsamic

Honey Dijon & Thyme

Lemon Coconut Oil

Basil Pesto

Asian BBQ

Sweet Thai Chili

Fresh Lemon

Fresh Lime

2. ADD PROTEIN

Herb Roasted Amish Chicken Thigh

Faroe Island Salmon

Black Tiger Shrimp

Marinated Tofu

Amish Chicken Meatballs

Smoked Organic Pork

3. CHOOSE TWO SIDES

Roasted Beets

orange, red cabbage, mint

Black Beans

roasted shishito peppers, red onion, lime

Blistered Spring Onions & Asparagus

EVOO, garlic, sea salt

Broccoli

pecorino, red chili flake, lemon zest

Citrus & Herb Soba Noodles

EVOO, citrus juice & zest, fresh herbs

Tajín Cucumber

grape tomato, lime, Tajín

Grilled Balsamic Portabellas

EVOO, garlic, salt

Roasted Sweet Potato

maple syrup, thyme, honey

Organic Summer Vegetable Noodles

seasonal selection, lemon vinaigrette, kosher salt

Curried Cauliflower & Peas

spring peas, baby radish, shaved carrots

EXTRAS

ADD MORE TO LOVE

Avocado **HEALTHY FATS**

+0.75

Additional Side/Base

+2.50

Hard Boiled Egg **MORE PROTEIN**

+0.75

Additional Protein

+3.00

Candied Fennel Bacon

+0.75

Persian Feta

+0.75