

SEASONAL BOWLS

Chef-selected for a combination
made in bowl heaven
12.95 each



Faroe Island Salmon

Organic Salmon Filet, Pea Tendrils & Shoots, Quinoa Salad, Summer Vegetable Noodles, Curried Cauliflower & Peas, Flax Seed, Citrus Vinaigrette



Thai Chili Shrimp

Tiger Shrimp, Pea Tendrils & Sprouts, Citrus & Herb Soba Noodles, Broccoli, Scallion, Carrots, Sesame Seeds, Sweet Thai Chili Sauce



Kale & Spinach

Classic Brown Rice, Blistered Spring Onion & Asparagus, Roasted Sweet Potatoes, Hard Boiled Egg, Spiced Pepitas, Honey Dijon w/ Thyme

Blackened Organic Chicken

Local Field Greens, Classic Brown Rice, Black Beans & Shishito Peppers, Red Cabbage, Cucumber Salad, Avocado, Scallions, Fresh Lime



Southern Paleo

Smoked Pork, Kale & Spinach Greens, Grilled Balsamic Portobellas, Roasted Sweet Potatoes, Candied Fennel Bacon, Creamy Balsamic